

TREKKING GEAR

- 1 X PAIR OF STURDAY AND COMFORTABLE SHOES/BOOTS FOR TREKKING.
- 2 X PAIR OF COMFORTABLE AND STURDAY PANTS FOR TREKKING.
- 2-3 LOOSE FITTING BUT STURDY SHIRTS FOR TREKKING. LONG SLEEVE PREFERABLE.
- 1 X PAIR OF GLOVES. GARDENING GLOVES ARE FINE.
- 1 X PAIR OF SUNGLASSES.
- 1 X SMALL BACKPACK.
- 1 X BOTTLE OF WATER/1 SMALL SNACK.
- 1 X CAMERA (PREFERABLY HI-RESOLUTION. MINIMUM IPHONE 6)
- 1 X CAMERA TRIPOD AND ACCESSORIES (FOR THE SERIOUS PHOTOGRAPHER)
- 1 X MEMORY CARD.
- 1 X BACKUP CAMERA BATTERY.
- 1 X MOSQUITO REPELLANT.
- 1 X SUNSCREEN.
- 1 X HAT OR CAP.
- 1 X BINOCULARS.
- ENOUGH MONEY FOR TIPPING. \$20-\$50 USD (SECURE ZIPPED AND CARRIED ON PERSON)
- PORTER OPTIONAL BUT RECOMMENDED (\$20 USD)
- *When trekking keep use of cologne/perfume to a minimum if at all to not attract bees or insects.
- *We can arrange hire of waterproof jacket, gaiters and pants if you don't have. These items are not required when dry conditions.

ELECTRONICS

- PHONE & CHARGER.
- IPAD OR TABLET & CHARGER.
- LAPTOP & CHARGER.
- CAMERA (HI-RES – MINIMUM IPHONE 6).
- SPARE CAMERA BATTERY & CHARGER.
- TRIPOD & ACCESSORIES.
- INTERNATIONAL POWER PLUG ADAPTOR.
- MEMORY CARD.
- ANY MEDICAL ELECTRONICS.
- BACKUP USB BATTERY PACK CHARGER.

HYGIENE & HEALTH

- TOILET BACK
- HAIRBRUSH
- TOOTHPASTE.
- DEODERANT, POWDER & COLOGNE.
- SANITARY ITEMS.
- MEDICATIONS/PRESCRIPTIONS/SPRAYS.
- MOISTURISING CREAM.
- BAND-AIDS.
- WET WIPES.
- PRESCRIPTION GLASSES, CASE AND CLEANING CLOTHS.
- CONTACT LENS' & SOLUTIONS.
- EYE DROPS.
- SUN SCREEN LOTION
- *Hotels will have soap, shower gels, shampoos, conditioners, hair dryers. Only pack if necessary.

NON-TREKKING GEAR & CLOTHING

- 5-8 PAIRS OF UNDERWEAR.
- 5-8 PAIRS OF COMFORTABLE SOCKS.
- 2 X JUMPERS.
- 1 X JACKET or COAT (IT CAN GET COLD AT NIGHT)
- 1 x PAIR OF SNEAKERS, SANDALS OR COMFORT FOOTWEAR.
- 1-2 x RUNNING/GYM SHORTS & TOPS.
- 1-2 PAIRS OF SHORTS (Mid-thigh length – not to be worn in villages)
- 3 X T-SHIRTS
- GAMES AND CROSSWORDS.
- JOURNAL, PENCILS & PEN.
- SMALL TOWEL
- Roll of toilet paper (for some public restrooms)

FLIGHT CARRY ON

- BOOKS OR MAGAZINES.
- TRAVEL PILLOW.
- SLEEPING MASK.
- SNACKS.
- IPAD OR TABLET & CHARGER (USB).
- GAMES OR CROSSWORDS.
- IPHONE/PHONE & CHARGER (USB)
- MEDICINES.
- WALLET/PURSE – CREDIT & DEBIT CARDS.
- SPARE CLOTHES FOR APPROPRIATE WEATHER AT DESTINATION.
- CASH FOR DESTINATION. ONLY USD\$ AFTER 2009 IN VERY GOOD CONDITION OR RWF'S.